



*-Achieving Excellence-*

# Seaford K-7 NEWS



Government  
of South Australia  
Department for Education

**Wednesday 6<sup>th</sup> March - Term 1, Week 6, 2019**

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## Diary Dates

### MARCH

- 8 School's Clean Up Day
- 11 **Adelaide Cup Public Holiday**
- 13 9.15am Principal's Tour & Information morning
- 15 9.10am Assembly  
National Day Against Bullying & Violence
- 19 SAPSASA Athletics Day at Tatchilla College
- 20 World Storytelling Day
- 21 **Harmony Day**  
3.20pm Governing Council Meeting
- 28 NAPLAN Online Practice Test

### APRIL

- 2 Year 3/4 class to Monarto Zoo
- 4 SAPSASA Cross Country at Noarlunga Downs PS  
Yr 2/3s Museum Excursion
- 5 9.10am Assembly  
Material & Service Charges Raffle drawn
- 10 Sports Day

## Principal's Tour

Parents/ Carers are cordially invited to attend

**Seaford K-7 School Principal Tour**

on

**Wednesday 13<sup>th</sup> March  
at 9.15am**

in the Seaford K-7 School Library

**R.S.V.P by Monday 11<sup>th</sup> March**

Phone: 83861197

## 2019 Seaford Joint Governing Council

Thank you to the school community and staff who attended the AGM for our Joint Governing Council last week. It was well attended and it is great to be able to announce the 2019 Governing Council below:

**Chairperson:** Mark Wooding

**Vice Chairperson:** Damien Mader

**Secretary:** Kate Smith

**Treasurer:** Megan Lindberg

**Councillors:** Lauren Mason, Suzie McGarvey, Elizabeth De Witt, Kristen Briggs, Leeanne Kilgallon, Ayesha Imam, Jessica Naylor, Laura Ormesher, Kristy Fode

### Teacher Reps:

Term 1 Alex Hart

Term 2 Anthony Parina

Term 3 Tamsin Petzer

Term 4 Naomi Moro

### Site Reps:

Heather Morony

Bernie Smith

Belinda Adams

Nikki Garner

Our next Governing Council meeting is on Thursday 21<sup>st</sup> March at 3:20pm.

## Committee Members Required

Seaford K-7 Joint Governing Council are looking for parents/ carers who are interested in joining the following committees to work together to support our school community.

### Fundraising Committee

The Fundraising Committee is a group of volunteers who meet when required and at a time to suit all members, to discuss fundraising ideas and to manage any fundraising events and initiatives. A Governing Council member is also a member of the Fundraising Committee so the Governing Council is informed of planned events. Volunteers can choose to be involved with all or some of the events. Monies raised go towards purchasing items needed across the site.

### Grounds and Facilities Committee

The Grounds and Facilities Committee includes the Principal, Preschool Director, Governing Council representative and interested volunteers who would like to have involvement in the development of the site's grounds, structures and facilities. The committee meets when required and at a time to suit all members with the Governing Council rep reporting back to the Governing Council at their meetings. Please fill in the sheet attached and return to the front office by **Thursday 21<sup>st</sup> March**.

## Health Alert!!



We have been notified that a student at our site has been diagnosed with Hand, Foot & Mouth. Please be vigilant in checking your child/children for any symptoms and seek

appropriate medical advice.

### ***What are the first symptoms of hand foot and mouth disease?***

- Fever
- Sore throat
- Feeling of being unwell
- Painful, red, blister-like lesions on the tongue, gums and inside of the cheeks
- A red rash, without itching but sometimes with blistering, on the palms, soles and sometimes the buttocks
- Irritability in infants and toddlers

## Public Notice - WARNING

We have been advised that the Seaford Soccer & Sports Club located on the property north of our school site is having asbestos removal carried out from **8.00am on Tuesday 19<sup>th</sup> March**. For your safety please choose an alternate route when dropping off students to school on that day. Access via Jane Street would be suggested as an alternative.

## Deputy Principal

Hard to believe that we are half way through the term! This year class teachers will be learning about The Big Ideas in Number related to Maths teaching and learning. The Big Ideas are:

- Trusting the count
- Place value
- Additive to multiplicative thinking
- Partitioning
- Proportional representation
- Generalisation

As part of Trusting the Count teachers will be focusing on subitising this term. Subitising is the ability to instantly recognise how many in a small group of objects without counting, for example when you look at a set of dice and you know that the spots are 4 and 6. You do this without counting every time. Teachers will be doing subitising activities every day in class. To support your child at home with this you can play dice games, card games and dominoes. Encourage them to think about how the dots can look different and not always uniformed. As we progress through The Big Ideas I will keep you informed about our learning.

**Nikki Garner**

**Deputy Principal**

## National Day Against Bullying & Violence

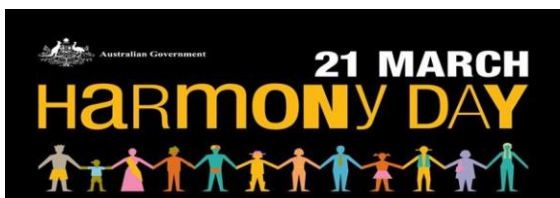
**National Day Against Bullying and Violence (NDA) is on Friday 15<sup>th</sup> March** and it is an opportunity for us to stand united against bullying and violence with school communities across the nation.

The NDA gives schools the chance to take action and empower young people to be part of the solution when addressing bullying in their school community. It provides an opportunity to focus on bullying and the big changes we can make to create safer communities for everyone.

The theme for the 2019 NDA is Bullying. No Way! Take action every day and classes will be involved in activities before and on the day to learn about how they can help towards making our community safer for all.

If you would like more information go to: <https://bullyingnoway.gov.au/NationalDay>

## Harmony Day



**Don't Forget!** Harmony Day is on Thursday 21st of March (week 8). Harmony Day is the recognition and celebration of cultural diversity in Australia. Please wear **orange** on the day as this shows we are respectful to everyone in our cohesive and inclusive nation.

## School Fees Reminder

As an incentive, parents/carers who pay before **Monday 1<sup>st</sup> April** will go into a draw to win a \$100 credit at the school! This money can be used to purchase uniforms, pay for camps and excursions etc. **This will be drawn at our assembly on FRIDAY 5<sup>th</sup> April at 9:10am** and all parents/carers are welcome to attend.

## Crossing the Road Safely

Parents are asked to help **teach** their children that the safe way to cross the road is **at the crossing**. Please use the crossing safely and remember that this isn't a place to drop off your children. Jane Street is a very busy, narrow road with limited vision and is especially dangerous at drop off and pick up times.

**CHILDREN  
CROSSING**

## SAPSASA Term 1 2019

Term 1 is always a busy time on the PE calendar, so I thought I'd take the opportunity to remind everyone about the SAPSASA events coming up later this term, what they involve and how everyone can get prepared for what I believe are some of the most enjoyable days of the school year.

**Please remember that for your child to be eligible to participate in any SAPSASA events they must be born in 2009 or earlier (turning 10 or older this year) and be in year 4 (some year 4's may be ineligible if they are born after 2009).**

Parent/carer help is also a huge part of making these events possible. **We will be relying on parent/carer transport to and from the venues. Volunteers are also extremely helpful, so if you haven't done volunteer training I would highly recommend doing so!**

**SAPSASA District Athletics Day Tuesday 19<sup>th</sup> of March @ Tatachilla Lutheran College**

I will be using PE lessons and Sports Club on Monday at lunch time to help me select our team. One student per gender, per event is selected for the 10, 11, 12 and 13 year old age groups. The events include 100 m, 200 m, 800m, discus, shot put, high jump, long jump and 4x100m relay. Consent/medical forms for participating students will be going home in the next week. **Parent/ carer transport to and from the venue and volunteer help is required.**

**SAPSASA X Country Thursday 4<sup>th</sup> of April @ Noarlunga Downs Primary**

I will be using Sports Club on Tuesday at lunchtime to train and select our team. It is also extremely helpful that students do some of their own training in their own time as it can be quite a challenging event! Students are required to run 2km if they are turning 10 this year and 3km for 11 and older. Consent/medical forms for participating students will be going home in the next week. **Parent/ carer transport to and from the venue and volunteer help is required.** Notes and consent forms for these events will be sent out closer to the date. If you have any further questions for me, please get in touch on class dojo or via my email [steve.paulovich861@schools.sa.edu.au](mailto:steve.paulovich861@schools.sa.edu.au)

**Thanks,**

**Steve Paulovich (PE teacher)**

## Volunteers

Volunteers play an integral part in supporting the work of Seaford K-7 and enriching the lives of children at our school. We are always looking to welcome new volunteers into our community. Information on the process of becoming a volunteer is available from your child's teacher or the front office.

## Head Lice Reminder

With the large number of warm autumn days ahead it is timely to remind parents and caregivers that the frequency of head lice increases at this time of year. The likely cause of head lice infestation is that children play together more in the warmer weather and therefore transmit lice front head to head. Many head lice infestations cause no symptoms and probably less than half cause itching. You have to LOOK to find out if your child has head lice. Do not rely on itching and scratching alone. Ideally you should check your child every week using conditioner and a fine tooth comb.

## Spare Clothing

Just a timely reminder for parents to make sure, if your child is likely to have a toileting accident at school, to please pack an extra set of clothing into their bags. We do not have an inexhaustible supply of clothing to support these 'little accidents'.

Also we are always thankful for donations of clean, used uniform items and also underwear, especially smaller sizes.

If you have a spring clean at home and would like to donate some items for our emergency cupboard we would be very grateful.

## Thank You

We would like to extend our appreciation to local businesses who have been supporting the school community through regular generous donations.



Beck's Bakehouse Port Noarlunga.



Seaford Homestyle Bakery Roadhouse.

## Community News

# ReAwaken

Connection • Compassion • Meaningful Action

Be the change you wish to see in the world.  
Adelaide, South Australia, 8-12 April 2019

[www.ReAwakenAustralia.com.au](http://www.ReAwakenAustralia.com.au)

Over the course of five days, ReAwaken Australia will bring people together to explore trauma, addiction and mental health and build community for meaningful change in response to interruptions in life, relationships and safety.

ReAwaken will explore cultural and spiritual understandings of people's experiences of distress as well as the implications of traditional western models. Unlike most conferences, ReAwaken aims to be a highly interactive, multi-format experience. In addition to a range of exciting keynote speakers and facilitated workshops, the event will feature three social-action films (Healing Voices, Crazy Wise, and Recovering Addiction), the producers of which will facilitate community conversations following each of the screenings.

The goal of the event is that participants presenting or engaging in the conference will embark on a journey together, in community, towards meaningful action and meaningful change, creating and implementing alternative models to our current systems for addressing the challenges of mental health, substance abuse or trauma crisis, and supporting people in health and healing

We invite you to be part of the change



We would like to make this event as accessible as possible for everyone - Thanks to the generosity of our sponsors a number of subsidised tickets for the conference are available. Please email for details: [reawakentickets@gmail.com](mailto:reawakentickets@gmail.com)

TICKETS AVAILABLE AT: <https://www.reawakenaustralia.com.au/tickets>

**The conversation is changing. Awareness is rising.** Yet our current paradigms remain dominated by notions of disease and disability. **Reawaken Australia** will bring together change-makers for new outcomes based in social connection, understanding, and action, in response to these meaningful experiences and realities. **We invite you to be part of this change**

Learn about the growing evidence base, have new conversations, and emerge with tangible actions intended to build community and create positive outcomes for health and healing that are only possible if we awaken our spirit, together. **Mental health, trauma, and addiction do not exist in isolation. Just as adversity arrives in relationships, healing occurs with human connection. Join us to connect, take action, and be part of the re-awakening.**

Reawaken Australia is the first event in a series of international events around themes of Mental Health, Trauma and Addiction. It is a collaboration with the HUMANE Clinic, National Empowerment Centre in the USA and Digital Eyes Film, creators of the film "Healing Voices". Speakers will present on topics around 3 themes – mental health, trauma and addiction and the links between these things. We are focused on community building and actionable outcomes.

<https://www.reawakenaustralia.com.au/>

