



Seaford K-7 School Canteen Price List 2017



SANDWICHES & ROLLS - white/whole grain		
😊	Buttered	1.00
	Roll	1.30
😊	Vegemite	1.30
	Roll	1.50
😐	Ham	2.00
	Roll	2.30
😐	Roast Chicken (100% Breast)	2.60
	Roll	3.00
😊	Egg	2.40
	Roll	2.80

BAGUETTES		
😊	Buttered	2.20
	Mini	1.30
😊	Vegemite	2.40
	Mini	1.50
😐	Ham	3.30
	Mini	2.00
😐	Roast Chicken (100% Breast)	3.70
	Mini	2.50
😊	Egg	3.50
	Mini	2.00

EXTRA FILLINGS		
😊	Tomato, Cheese, Lettuce, Gherkin, Grated Carrot, Cucumber, Beetroot, Red Onion	+0.40 Each
😐	Sauce/Mayonnaise/Mustard	0.15

SALAD BOWL		
😊	Lettuce, Tomato, Cucumber, Carrot	2.50
	Ham	+1.00
	Chicken	+1.30
	Egg	+0.70
	Cheese	+0.40
	Beetroot	+0.40
	Red Onion	+0.40
	With/Without Dressing	

ORDERING LUNCH	
Lunch order bags are available from your child's classroom. Please record on the bag:	
<ul style="list-style-type: none"> • Food Required • Name of Child & Class • Amount of Money Enclosed. 	
It is appreciated if correct money can be sent. Any change given will be stapled into the corner of the bag. Seaford K-7 School Canteen Menu follows the SA Right Bite Guide To Healthy Eating At Schools . Please help your children choose wisely.	
😐	Amber – Select Carefully
😊	Green – Choose Plenty
Shaded area indicates made in the Canteen	

HOT FOODS		
😐	Nuggets	Each 0.50
😐	Noodles: Chicken Or Beef	2.20
😐	Dino Snacks	Each 0.60
😐	Hash Brown	1.50
😐	Vegetable Spring Roll	0.80
😐	Pizza: Ham & Pineapple/Chicken & Bacon	3.20
😊	Macaroni Cheese	3.90
😊	Spaghetti Bolognese with cheese	3.90
😊	Corn On The Cob	0.80
😐	Sausage Roll – Lite	3.20
	+ Sauce	3.40
😐	Beef Pie – Lite	3.50
	+ Sauce	3.70
😐	Small Beef Pie – Lite	1.30
	+ Sauce	1.50
😐	Hot Dog With Sauce – Lite	3.40
	Mini	1.90
😐	Hot Dog With Cheese & Sauce	3.70
	Mini	2.20
😐	Cheeseburger - Low Fat Pattie, Cheese & Sauce	3.50
	+Lettuce, Tomato & Mayo	4.00
😐	Vegiburger - Vegi Pattie, Tomato, Lettuce, Cheese & Mayo	4.00
😐	Hash Brown Burger with cheese, lettuce & mayo	2.90
😐	Chicken Burger – Crumbed Breast, Lettuce & Mayo	3.80
😐	Mini Dinoburger – 2 Dinosaurs, Lettuce & Mayo	1.90
😐	Wedges With Dipping Sauce	3.30
	Sweet Chilli, Sour Cream, Mayo, Tomato	

FROZEN TREATS		
😐	Paddle Pop	1.50
😐	Paddle Pop Thickshake	2.00
😐	Icy Twist	1.00
😐	Calippo: Lemon or Raspberry/Pineapple	1.00
😐	Vanilla/Strawberry Ice-cream cup	1.20
😐	Paddle Pop Shake	2.00

DRINKS		
😊	Water (Bottled)	1.20
😐	OAK – Chocolate or Strawberry	1.90
😐	Apple/Blackcurrant Juice	1.70
😊	Focus Water 350ml	2.00

SNACKS		
😐	JJ's: Chicken, Pizza, Cheese & Onion, Burger	1.20
😐	Smiths Chips: Original, BBQ	1.20
😐	Red Rock Chips: Honey/Soy, Sea Salt	1.20
😐	Cookie	1.00
😊	Fruit Salad	1.95

***To help keep prices down, please return empty bottles & cartons to the Canteen for recycling**



Please Note: Prices may change at any time due to supplier increases.

UPDATED AUGUST 2017